

## Principles of Psychiatric Collaborative Care Model (CoCM) & Behavioral Health Integration Services (BHI)

- Patient-Centered Team Care
- Evidenced-Based Care
- Better Medical and Psychiatric Outcome
- Accountable Care
- Access to Experts



### Restoration Family Services

Restoration Family Services, Inc. (RFS) is a leader in providing quality, wholistic, and optimum care to patients within the mental health and/or substance use area. RFS's dedication and rich environment allows for a comprehensive and collaboratively approach to treatment enables our team to arrive at obtainable outcomes for our patients. RFS evolved in this environment, drawing upon the 50+ years of experience in the mental/behavioral health and substance use disorder treatment.

**MISSION** - The mission of RFS is to restore families and individuals by empowering, educating, and encouraging each person to embrace their healing with wholistic and integrative care.

**VISION** - The vision of RFS is to integrate medical, psychiatric, behavioral, mental health and substance use professionals to collaborate together in providing wholistic and patient-centered care.



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Helping Families Provide Missing Pieces!

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## Collaborative Care Model & Behavioral Health Integration Services



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## What is a Collaborative Care Model (CoCM)?

CoCM services is a model of behavioral health integration that enhances primary care by adding care management support for patients receiving behavioral health treatment and psychiatric consultation to the primary care team. CoCM uses an interdisciplinary approach to deliver evidence-based care of mental illness and substance use disorders. It also improves access, clinical outcomes, and patient satisfaction. This service includes but is not limited to:

- Evidenced-based diagnoses, treatment, and follow-up care to an identified patient population
- Ongoing collaboration with team and the treatment of the patient is directed by the primary care
- Behavioral health care manager has a continuous relationship with the patient and integrated relationship with the rest of the team
- Psychiatric consultant advises the primary care and behavioral health care manager regarding diagnosis; psychiatric medication recommendations, or other psychiatric treatment recommendations
- The CoCM billing codes may only be billed by the primary care provider directing the service

## What is Behavioral Health Integration Services (BHI)?

BHI services is integrating behavioral health care with primary care physician. This service is now widely considered an effective strategy for improving outcomes for the millions of Americans with mental or behavioral health conditions. This service performs proactive, systemic follow-up using validated rating scales and a registry working closely with the patient. This service includes but not limited to:

- Provide initial assessment and care management services for patient
- Track patient follow-up and progress; using tools such as PHQ-9 (depression)/GAD (anxiety)
- Participate in weekly consultation with the psychiatric consultant
- Ongoing collaboration with the primary care and psychiatric consultant
- Provide brief interventions to patient using evidence-based techniques and other treatment strategies

## Benefits of CoCM

- Collaborative Team Care Model
- Mental Health Care Access
- Help with Challenging Patients
- New Funding Opportunities
- Lower emergency room visits



## Psychiatric Collaborative Care Team

